

36 Multifactorial Conditions

Includes complex physical disability and frail elderly. Identify descriptor that is 'best fit'. The patient/client/student does not have to have each feature mentioned. Use 0.5 to indicate if patient/client/student is slightly better or worse than a descriptor and as appropriate to age.

Impairment

0 Profound. Inability to respond to external stimuli/gross loss of passive range of movement affecting multiple joints. Debilitated, minimal muscle power, multi-joint contractures/swelling. Total flaccidity/severe spasticity. Severe continual involuntary movements. Total loss of righting and equilibrium reactions. Global severity of all symptoms.

1 Responsive but uncooperative. Range of movement maximally restricted, multiple joint involvement. Passive range of movement moderately restricted. Pain on passive movement. No standing balance. Unable to weight bear. Minimal voluntary movement. Severe sensory inattention. Low tone/moderate spasticity. Strong associated reactions. Severe degree of several signs and symptoms, for example, dense hemiplegia with some perceptual deficit. Responsive.

2 Aware and some cooperation. Active range of movement moderately restricted. Contractures in more than one joint. Pain on active movement. Poor static balance. Occasional purposeful movement. Moderate to severe inattention. Moderate involuntary movement. Associated reactions occurring on preparation to movement.

3 Aware and actively cooperative. Some active contribution to activities, active functional range of movement with minimal restriction. Intermittent pain on active movement. Poor dynamic standing balance, at risk of contractions. Some associated reactions during movement. Purposeful but not necessarily accurate voluntary movement. Moderate sensory inattention. Minimal involuntary movement. May have one severe sign or symptom alone, for example, dense hemiplegia or severe perceptual deficit or combination of milder signs or symptoms, for example, mild hemiparesis with some sensory loss.

4 Cooperative, may have mild occasional inattention. Slight/minimal abnormality of strength, muscle tone, range of movement. Occasional difficulty with balance, purposeful and accurate voluntary movements. May have abnormal speed of movement, slight incoordination. Minimal associated reaction with efforts.

5 Age-appropriate strength, range of movement and coordination. Normal tone and active movements.

Activity

- 0 No purposeful active movement.** Totally dependent, requires full physical care and constant vigilant supervision. May have totally disruptive and uncooperative behaviour. Dependent on skilled assistance.
- 1 Bed/chair bound but unable to sit independently.** Some very limited purposeful activity. Needs high level of assistance in most tasks. Some awareness, some effort and recognition to contribute to care. Dependent on skilled assistance.
- 2 Head and trunk control.** Limited self-help skills. Initiates some aspects of ADL. Transfers with one, mobilises with two. Requires physical and verbal prompting and supervision for most tasks and movements. Partakes in care and engages in some structured activity. Dependent on skilled assistance.
- 3 Transfers or walking requires supervision or help of one.** Undertakes personal care in modified supported environment. Appropriately initiates activities and needs assistance or supervision with some unfamiliar or complex tasks. Initiates activities appropriately.
- 4 Carries out personal care and tasks but is less efficient,** clumsy, requires extra time or may need encouragement. Uses memory prompts effectively. Minimal or occasional assistance required for some complex tasks.
- 5 Age-appropriate independence.**

Participation

- 0 Unable to fulfil any social/educational/family role.** Not involved in decision-making, no autonomy, no control over environment, no social integration.
- 1 Low self-confidence, poor self-esteem,** limited social integration/socially isolated/ contributes to some basic and limited decisions. Cannot achieve potential in any situation.
- 2 Some self-confidence, some social integration,** makes some decisions and influences control in familiar situations.
- 3 Some self-confidence, autonomy emerging.** Makes decisions and has control of some aspects of life. Able to achieve some limited social integration/educational activities. Diffident over control over life. Needs encouragement to achieve potential.
- 4 Mostly confident.** Occasional difficulties integrating or in fulfilling social/role activity. Participating in all appropriate decisions. May have difficulty in achieving potential in some situations occasionally.
- 5 Achieving potential.** Autonomous and unrestricted. Able to fulfil social, educational and family role.

Wellbeing/Distress

0 Severe constant: High and constant levels of distress/upset/concern/frustration/anger/embarrassment/withdrawal/severe depression/apathy. Unable to express or control emotions appropriately.

1 Frequently severe: Moderate distress/upset/concern/frustration/anger/embarrassment/withdrawal/severe depression/apathy. Becomes concerned easily, requires constant reassurance/support, needs clear/tight limits and structure, loses emotional control easily.

2 Moderate consistent: Distress/upset/concern/frustration/anger/embarrassment/withdrawal/severe depression or apathy in unfamiliar situations. Frequent emotional encouragement and support required.

3 Moderate frequent: Distress/upset/concern/frustration/anger/embarrassment/withdrawal/severe depression/apathy. Controls emotions with assistance, emotionally dependent on some occasions, vulnerable to change in routine, etc., spontaneously uses methods to assist emotional control.

4 Mild occasional: Distress/upset/concern/frustration/anger/embarrassment/withdrawal/severe depression/apathy. Able to control feelings in most situations, generally well adjusted/stable (most of the time/most situations), occasional emotional support/encouragement needed.

5 Not inappropriate: Distress/upset/concern/frustration/anger/embarrassment/withdrawal/severe depression/apathy. Well adjusted, stable and able to cope emotionally with most situations, good insight, accepts and understands own limitations.